



**Description**

Our kids are facing a lot.

Whether it's the pressure to fit in or anxiety over world events, the emotions are big and complicated.

**What if they could navigate these feelings with courage and strength?**

Over eight weeks, we'll explore six key emotions—like anger, sadness, and fear—through an interactive and Islamic approach.

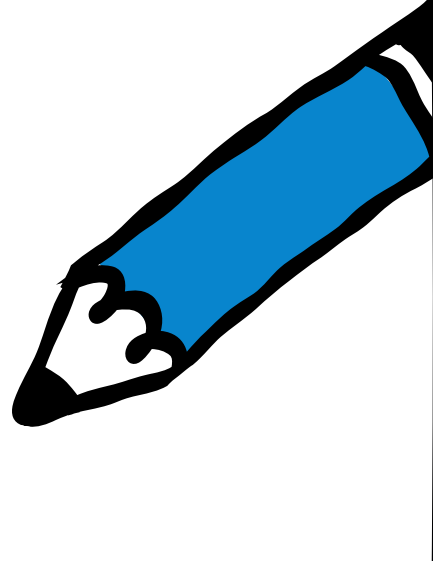
[Enroll Now](#)



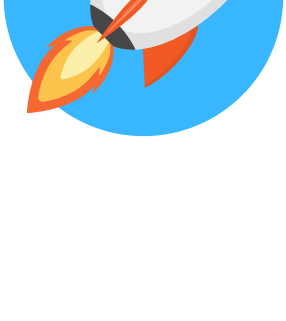
What is the Muslim Treehouse?

**Begins November 7th**

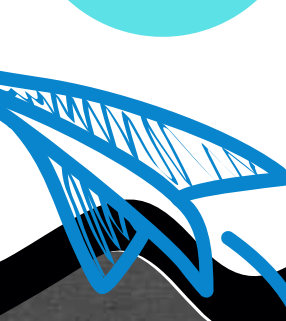
**How it works**



**Thursdays (6pm CST)**  
Live, 40-minute classes over Zoom for 7- to 12-year-olds. **Replays available** ([check your time-zone](#))



**Saturdays (11am CST)**  
Seriously fun live experiments and videos to bring lessons to life. ([check time-zone](#))



**Weekly:** Hands-on activities + challenges with a global community of Muslim Kids.

**Begins November 7th**

**Six Lessons to Build Emotional Strength**



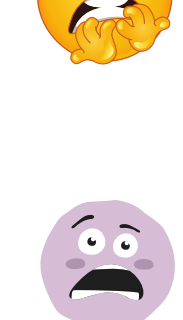
**Week 1 - Belonging.** The importance of finding the right group to fit-in.



**Week 2 - Anger.** The good, the bad, and the ugly.



**Week 3 - Sadness.** How the Prophet (s) dealt with sorrow and disappointment.



**Week 4 - Jealousy.** How to get rid of the greedy green monster.

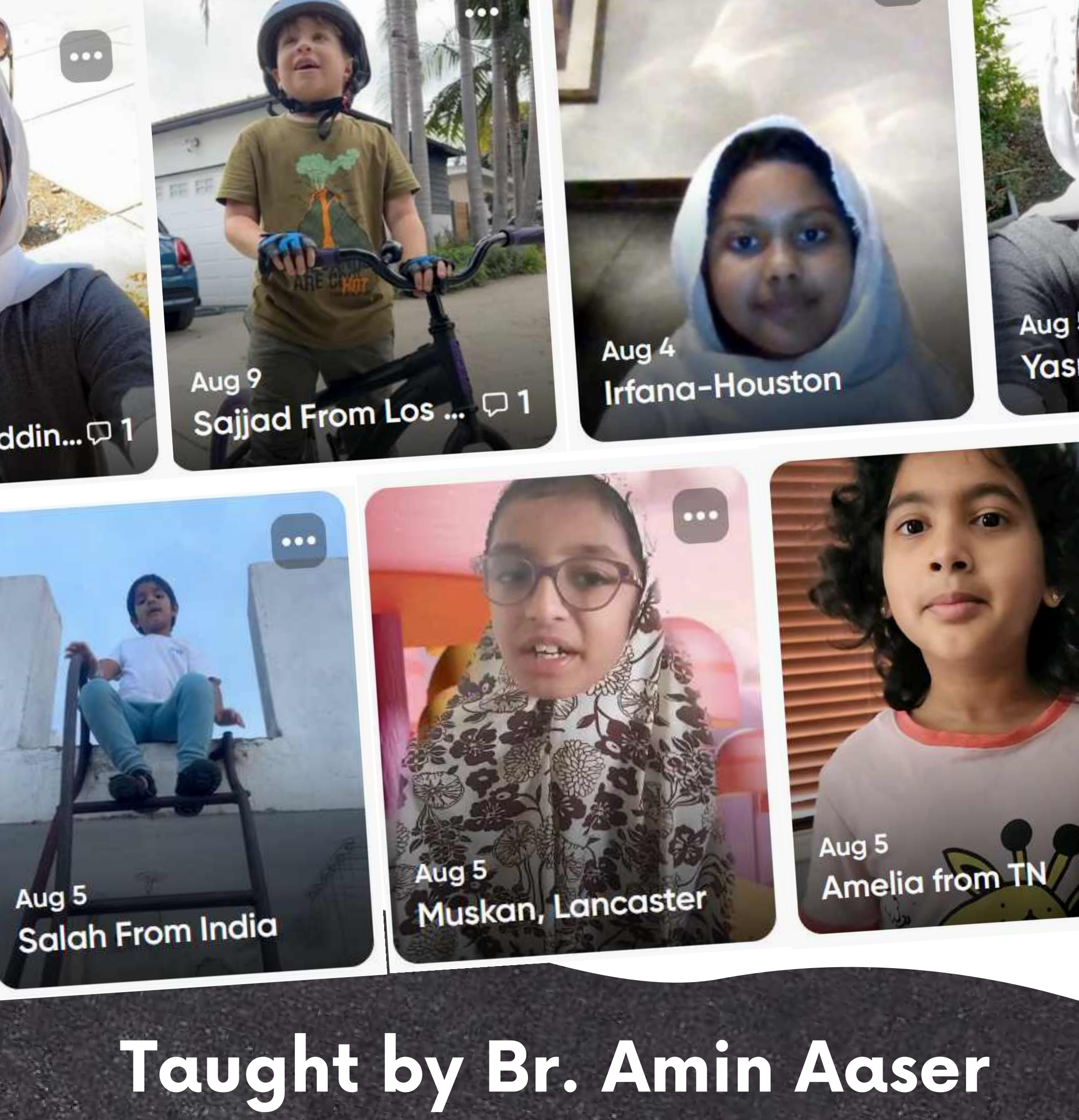


**Week 5 - Anxiousness.** Understanding who is *really* in control.

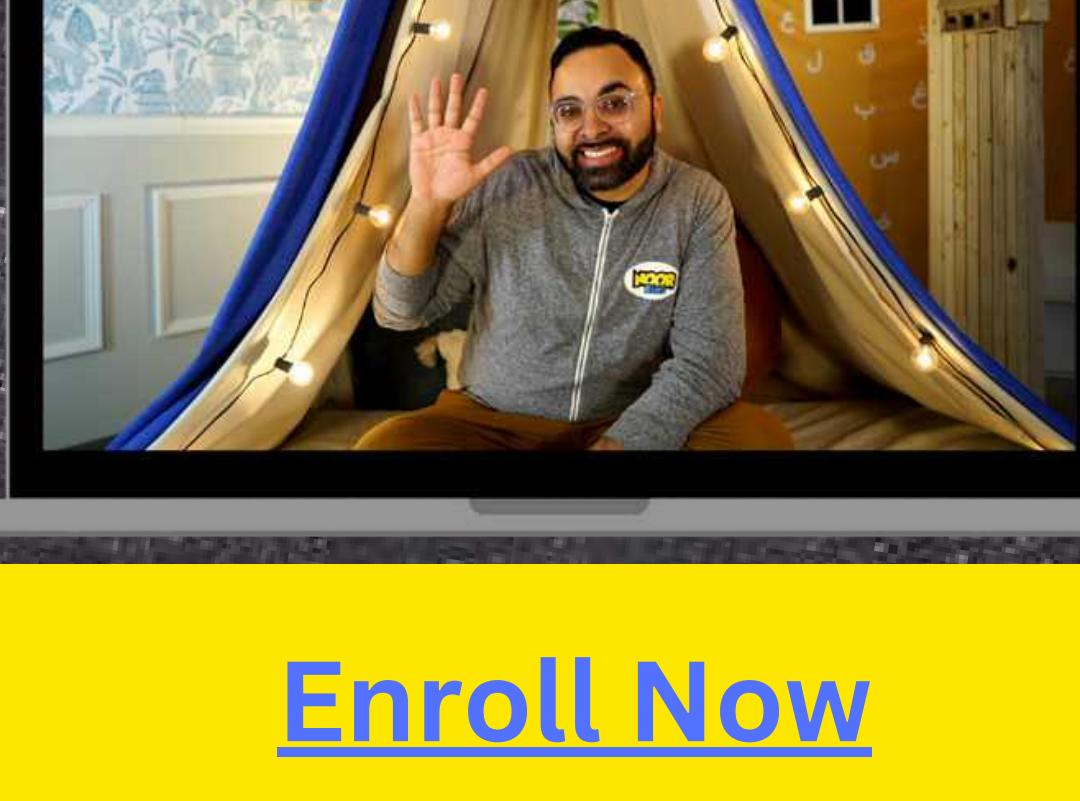


**Week 6 - Fear.** How fear can help us (and hurt us) and the value of faith.

**Join a global community of over 10,000 kids!**



**Taught by Br. Amin Aaser**  
Author of Noor Kids



[Enroll Now](#)